

## Pop Warner Little Scholars, Inc.

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December 11, 2009

Marje Albohm, MS, ATC, President Eve Becker-Doyle, CAE, Executive Director National Athletic Trainers' Association 2952 Stemmons Freeway #200 Dallas, TX 75247

Dear Marje and Eve:

Pop Warner Little Scholars, Inc. fully supports the efforts of The Alliance to Address the Youth Sports Safety Crisis in America. Unfortunately, we can't attend your upcoming Summit in person, but offer this letter of support.

As the oldest and largest youth football and cheerleading organization, we are extremely cognizant of the need for preventive measures and for thoughtful, prudent follow-up treatment for youth sports.

Currently in Pop Warner, we mandate the following minimum requirements:

- A signed statement from any Licensed State Examiner dated after January 1<sup>st</sup> of the current year that the candidate is physically fit and exhibits no observable conditions that would contraindicate his/her participation in football or cheerleading.
- The first two weeks of practice are for conditioning only with no pads and no contact
- In the absence of a physician or ambulance, at least one coach must be either EMT qualified, certified in Red Cross Community First Aid, or certified in the P.R.E.P.A.R.E. Course by the National Center for Sports Safety.
- Must have an Emergency Plan in writing
- Must have cell phone access to call for ambulance assistance if required
- Medical Release/Treatment forms for all participants
- · Mandatory Age/Weight Schematic to match players by both age and weight
- Weigh-ins and Birth Certificate checks before each game
- Required football equipment matching National Federation Rules
- · Strict limits on practice length per day and per week
- Mandatory Breaks during practices
- Written Doctor's approval to resume participation after injury
- Minimum three days between games

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Mandatory Background Checks for all volunteers

If you would like any additional information or have any questions, please contact me immediately. Thank you for initiating this extremely important Summit and Alliance!

Sincerely,

Jon Butler Executive Director