

## Status of Recent Research of High School Athletic Training Services

*Please note: At this point, all data from this study are preliminary and subject to change. Final results will be released later in 2014.*

### Data Collection

- 15,011 eligible\* public secondary schools were contacted
- 8,569 responded for a 57 percent response rate

*\*Eligible schools included all public secondary schools in the United States with grades 9 – 12. Alternative, charter, magnet, vocational and technical schools were not included.*

### Key Findings

- 70 percent of responding schools indicated they had some level of access to an athletic trainer
  - Note: access can mean very different things from school to school. Some schools with “access” to an AT have multiple, full-time AT staff working at the school, while others only have access via outreach contracts for certain games and events.
- **39 percent of responding schools indicated they had access to an athletic trainer full-time at their school**
- 55 percent of all athletes from responding schools have access to a full-time athletic trainer
  - 433 – average number of athletes for schools with AT access
  - 175 – average number of athletes for schools without AT access
- Access to athletic trainers is most prevalent in the Eastern part of the country, with the Northeast region having the highest percentage of schools with access to an AT. The Western states currently lag behind, with the Northwest region having the smallest percentage of schools with AT access.
- “Cost” and “too few athletes” in athletic programs were the most commonly stated reasons for why schools did not have access to an athletic trainer

*The Collaboration for Athletic Training Coverage in High Schools- an Ongoing National Survey (CATCH-ON) was conducted by the Korey Stringer Institute in partnership with the National Athletic Trainers’ Association.*