



Stay Ahead of the Game
Preventing Catastrophic Injuries in Youth Sports
March 14-15, 2016 | Washington, D.C.

Monday, March 14, 2016

5:00 p.m. – 8:00 p.m. **Registration Open**
Terrace Room

6:00 p.m. – 8:00 p.m. **Welcome Reception**
Terrace Room

Tuesday, March 15, 2016

8:00 a.m. **Registration Opens**
Terrace Room

8:00 a.m. – 9:00 a.m. **Networking Breakfast**

9:00 a.m. – 9:10 a.m. **Introduction and Welcome**
Scott Sailor, EdD, ATC, NATA President

9:10 a.m. – 9:40 a.m. **A Multi-dimensional Approach to Studying Predictors of Recovery from Sport-Related Concussion: What is the Relevance of Age in Recovery?**
Lindsay Nelson, PhD, Assistant Professor of Neurosurgery Medical College of Wisconsin

9:40 a.m. – 9:50 a.m. **Announcement of the winners of the Athletic Initiative Contest**
Representatives from the partner organizations: National Football League Foundation, National Athletic Trainers' Association, Gatorade and the Professional Football Athletic Trainers' Society

9:50 a.m. – 10:00 a.m. **Youth Sports Safety Ambassador Awards**
Scott Sailor, EdD, ATC, NATA President

10:15 a.m. – 11:15 a.m. **Breakout Sessions**

NFL Sports Safety Initiatives
Amy Jorgensen, NFL Senior Manager, Health and Safety Policy
Terrace Room

Opiate Abuse Among Teenage Athletes- What You Need to Know
Jennifer Weiss Burke, Executive Director, Healing Addictions in Our Community, and Serenity Mesa Youth Recovery Center Parent, Healing Addictions in Our Community
Juniper Room



Prevention of Pediatric Overuse Injuries

Tamara McLeod, PhD, ATC, FNATA Professor of Athletic Training, Research Professor in the School of Osteopathic Medicine, and John P. Wood, D.O., Endowed Chair of Sports Medicine at A.T. Still University

Aspen Room

11:15 a.m. – 11:30 a.m.

Break

11:30 a.m. – 12:00 p.m.

Keynote Address: Brain Injuries – A National Discussion has Emerged

Congressman Bill Pascrell

12:00 p.m. – 1:00 p.m.

Lunch - D.C. District Safe Sports School Award

Scott Sailor, EdD, ATC, NATA President

1:00 p.m. – 2:00 p.m.

Breakout Sessions

A Collaborative Approach to Safety: Progress Report from the Youth Sports Governing Bodies

Rebecca Stearns, PHD, ATC, Chief Operating Officer Korey Stringer Institute, University of Connecticut

Terrace Room

Mental Health Concerns and Strategies for Student Athlete Wellness

Tim Neal, MS, ATC, President TLN Consulting, Assistant Professor Health and Human Performance, Athletic Training Program Clinical Ed. Coordinator, Concordia University

Juniper Room

Discussion of AAP Statement on Tackling in Youth Football

Nailah Coleman, MD, FAAP, FACSMA Assistant Professor of Pediatrics George Washington University, Attending, Pediatrics, Obesity, and Sports Medicine Children's National Health System, Washington, D.C.

Aspen Room

2:00 p.m. – 2:30 p.m.

Break

2:30 p.m. – 3:00 p.m.

Breakout Sessions

Sports Safety for All Ages: A Single Institution's Experience with Youth Football

Jillian Urban, PhD, Research Assistant Professor, Wake Forest Baptist Health

Terrace Room

Advocating for Safety in Sport: A Parent's Perspective

Kelli Jantz, RN, Transplant Coordinator and parent advocate

Juniper Room

3:00 p.m. – 3:15 p.m.

Wrap-Up

3:15 p.m. – 4:00 p.m.

Meet and Greet