NAVIGATING THE ATHLETIC HEALTH CARE SYSTEM
March 2, 2015
DFW Marriott North, Irving, Texas

9:00 a.m. Welcome – MaryBeth Horodyski, EdD, ATC, FNATA, National Athletic Trainers’ Association

Parenting Young Athletes – Yolanda Bruce Brooks, PsyD, The Sports Life Transitions Institute

Myths and controversies
   Equipment safety: Managing expectations – Mike Oliver, National Operating Committee on Standards for Athletic Equipment (NOCSAE)
   Cardiac arrest: Are EKGs the answer? – Benjamin Levine, MD, FACC, American Heart Association
   Diet and energy: Where athletes go wrong – Jill Castle, MS, RDN, CDN, Academy of Nutrition and Dietetics
   Is proper medical care in high school sports affordable? – Louisa Meyer, parent

Recognizing Emotional Issues of Student Athletes – Tim Neal, MS, ATC, National Athletic Trainers’ Association

What Does the Research Tell Us? – Dawn Comstock, PhD, Colorado School of Public Health

11:45 a.m. Lunch

12:15 p.m. Youth Sports Safety Ambassador Awards Presentation

12:30 p.m. Creating Lifetime Athletes – James Andrews, MD, Andrews Institute

The Athletic Health Care System – Community Sports Perspective
   Shane Miller, MD, FAAP, American Academy of Pediatrics
   Sam Snow, US Youth Soccer
   Laura Friend, Project ADAM, Cook Children’s

The Athletic Health Care System – Secondary School Sports Perspective
   Kathleen Powell, RN, National Association of School Nurses
   Jamie Woodall, ATC, Bryan Independent School District
   James C. Walter, II, MD, FC Dallas and Allen High School

The Athletic Health Care System – Community Urgent Care Perspective
   Martha A. Grimm, MD, Texas Health Presbyterian Plano Emergency Medicine
   Lisa Bennett, CCETMP, National Association of Emergency Medical Technicians
   Michelle Vryhof Holt, MA, ATC, Chisholm Trail High School

4:00 p.m. Wrap Up