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Dear NATA,

As the president of the Professional Baseball Athletic Trainers Society, I am writing in support of the Alliance to Address the Youth Sports Safety Crisis in America. There is no question that we want our youth in this country to be more active in sports and fitness. We at PBATS have as one of our hallmark programs the P.L.A.Y. campaign, Providing a Lifetime of Activity for Youth. This program is geared to combating childhood obesity. However, as athletic trainers we realize that with increased participation is sports and fitness we realize there comes an increased risk for injury.

It is important to do a couple of things in response to this. We need to educate parents, coaches and children on how to be aware, "listen" to their bodies and how to prevent against injuries. We also need to make sure that as much as possible that a qualified healthcare professional such as a certified athletic trainer is available and on-site at events to take of injuries.

As one example, with all the attention being paid to concussions these days, it is imperative that a health care professional be available to make return to play decisions. This healthcare professional can also make determinations as to when an injury needs to be seen by a physician for further evaluation.

As we hear many times, our youth is our future. We need to do everything within our power to protect that future. Encourage to be fit, participate in play time events, participate in sports at all levels but also guard against injuries. With that thought in mind PBATS fully supports the efforts of The Alliance to Address the Youth Sports Safety Crisis in America

Sincerely,

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Richie Bancells MS ATC PBATS President Head Athletic Trainer Baltimore Orioles