

University of Connecticut's Neag School of Education Preventing sudden death in sport





## Support for ATs in high schools

#### American Medical Association

The AMA believes that: (1) the Board of Education and the Department of Health of the individual states should encourage that an adequate Athletic Medicine Unit be established in every school that mounts a sports program; (2) the Athletic Medicine Unit should be composed of an allopathic or osteopathic physician director with unlimited license to practice medicine, an athletic health coordinator (preferably a NATABOC certified athletic trainer), and other necessary personnel; (3) the duties of the Athletic Medicine Unit should be prevention of







### Best data we have

In 1994, 35% high schools had AT service (Lyznicki, 1999)

# Latest Data: Only 42% of high schools have AT service







# Collaboration for Athletic Training Coverage in High Schools – an Ongoing National Survey (CATCH-ON)









#### To determine:

- Athletic trainer (AT) presence in secondary schools in the United States
- 2. Extent of AT services provided in secondary schools
- 3. Reasons why secondary schools do not have an AT
- 4. Medical coverage at athletic events in secondary schools without an AT

### Qualifying schools:

- Public secondary schools in the United States
- Not alternative, charter, magnet, vocational or technical schools
- Include grades 9 12







### Data collection & management

- The NATA and Korey Stringer Institute contacted all qualifying secondary schools by phone and/or email
- Spoke with athletic directors (ADs)
- Data was analyzed by state, NATA district, region & entire country







### Questions

- 1. Number of students and athletes
- 2. Does the school have an AT?
  - 1. If no, why not?
  - 2. If no, what medical coverage is there at games?
- 3. How many ATs?
- 4. What is the extent of AT services?
- 5. Does the AT teach a sports medicine/health class?
- 6. Is there AT coverage at all practices?
- 7. Are all high risk home sports games covered?







## Who responded?

# Contacted all 15,011 public secondary schools

8,569 schools responded

57% response rate





# What percent of surveyed secondary schools with access to an athletic trainer?

# 70% of schools have AT service

For schools with AT service

47% Full time

24% Part time

19% Full time from a clinic

26% Part time from a clinic



4% Per diem





### Athlete Access

Even though 70% of **schools** have access to an athletic trainer,

55% of all **athletes** have access to a full-time athletic trainer

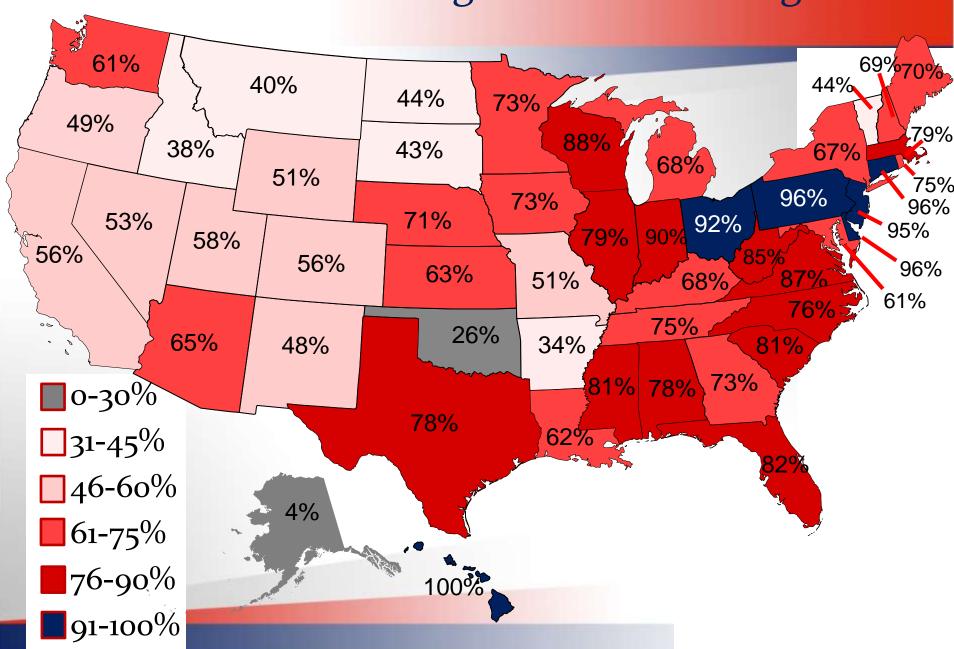
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(Full-Time AT: Athletes)

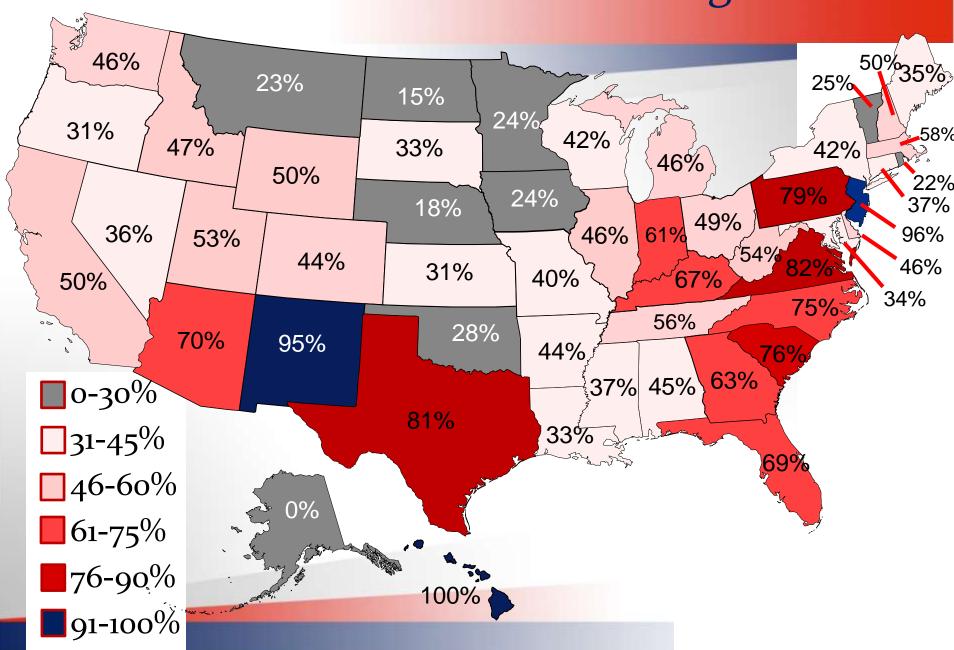




### Percent of Schools using Athletic Training Service



### Percent of ATs at Schools Working Full Time





Student size	Number schools	Any AT service	Full Time AT service	Part Time AT service
1-99	550	22%	1%	19%
100-199	714	37%	43%	4%
200-299	665	52%	11%	38%
300-399	566	59%	21%	36%
400-499	525	68%	29%	37%
500-599	443	74%	32%	41%
600-699	385	77%	40%	35%
700-799	340	79%	42%	35%
800-899	342	85%	52%	30%
900-999	258	82%	51%	33%
1000-1099	234	89%	58%	31%
1100-1199	289	85%	55%	31%
1200-1299	301	87%	58%	32%
1300-1399	221	91%	62%	32%
1400-1499	195	92%	65%	37%
1500-1599	211	91%	58%	35%
1600-1699	178	90%	57%	41%
1700-1799	174	89%	61%	30%
1800-1899	189	93%	66%	29%
1900-1999	110	93%	73%	27%
> 2000	169	91%	71%	28%
<b>US Average</b>	7767	70%	39%	32%







### **Practice Coverage**

• 48% of <u>all</u> schools have AT coverage at all sports practices

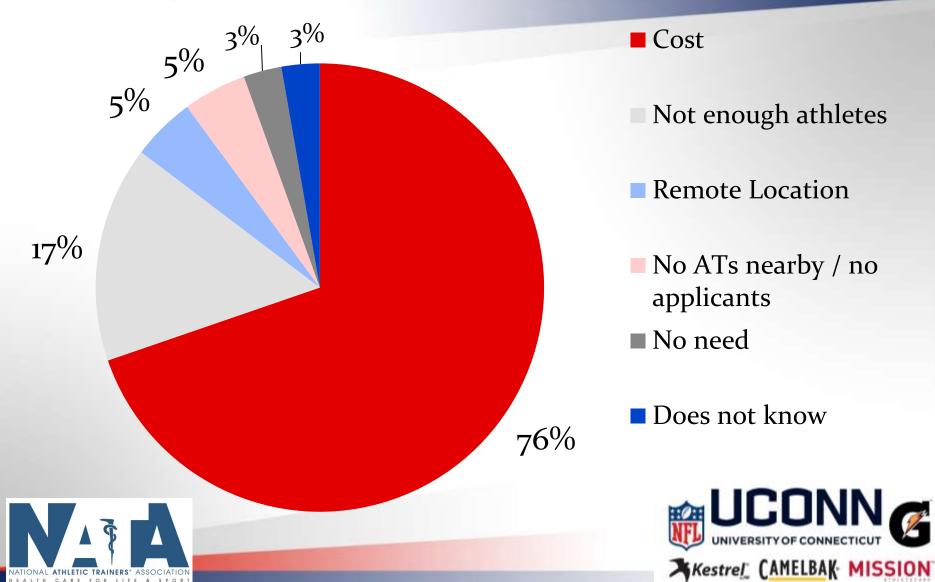
74% of schools with AT service have AT coverage at all sports practices





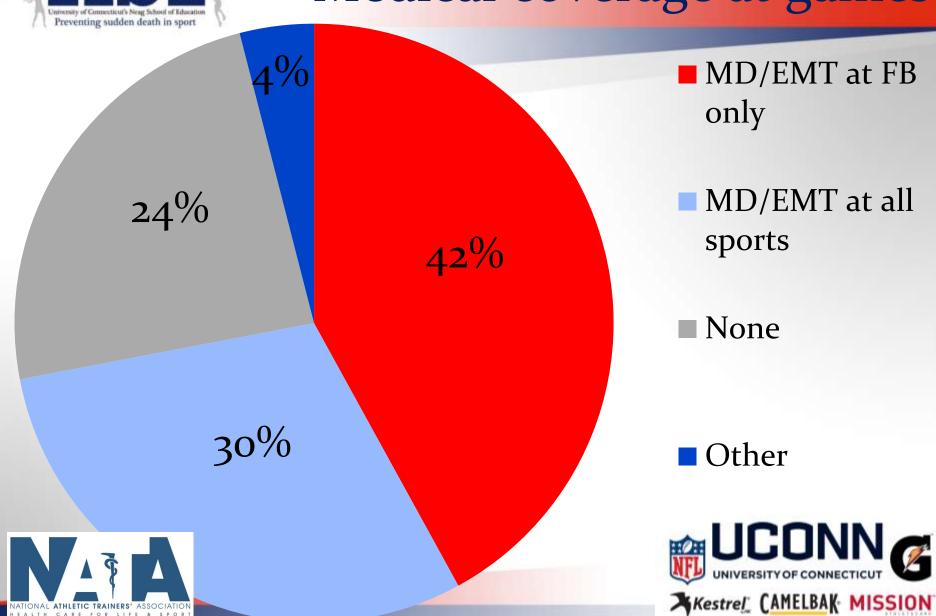


### Reasons why no AT





### Medical coverage at games





# Thank you to all who helped!

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